



## TIME MANAGEMENT & Effective Use of Outlook

Manage your time & plan effectively - gain back 1 hour+ a day!

Get your Inbox down to ZERO unread emails!

### Overview

**This course is different!** Trainers take participants through the theory, then on the same day go with participants back to their desks or watch over/assist them in an IT room to make sure they actually implement the stuff being taught right there & then on their live profile!

*"The Outlook training has been the best, most practical training I have ever received. It has totally reduced my feelings of being overwhelmed and has reduced "email stress" immensely. I can not thank you enough."*

Manager, NSW FACS

This Time Management & Effective use of Outlook Training course imparts best practice Time Management principles: immediately useable, very practical tools, tips, methods and frameworks that actually work in the real world and amazing short cuts & tips to use Outlook to its best practical advantage.

*"I'm completely anal & organised, & it's helped me become more effective & efficient, so it can help everyone!"*

Team Leader, NSWFACS

As a result of this course, staff will miss less deadlines, stress less, get more done and get back up to 1 hour+ per day to spend on the important tasks (or go home earlier!) – and get their inboxes down to ZERO unread emails!

*"Really liked the hands on work at computer...and one-on-one practical help" participant, NSW FACS*

**Please contact us direct for details and more information.**

**Email: [getresults@southerncrosscoaching.com.au](mailto:getresults@southerncrosscoaching.com.au) or call 02 7901 5618.**

*"It was useful in all parts of life and could be adapted to all offices." participant, Housing NSW*

### Program Outcomes:

- ✚ Get inboxes down to ZERO unread emails and sustain this ongoing
- ✚ Staff get back more time (on average up to 1-1 ½ hours+ per day) to spend on important tasks (or go home earlier)
- ✚ Use of calendar & tasks, & planning & processes to ensure things get things done more efficiently & effectively (and done on time)
- ✚ Plan more effectively so work & deadlines don't get missed or forgotten about (including TRIM/ workflow management software/ customer relationship management type software, etc)
- ✚ Better prioritisation & take more focussed action
- ✚ Increased productivity through being more efficient & effective (doing more with less)
- ✚ Emails get dealt with & more stuff gets done - & on time
- ✚ Staff stress less over emails & workload - less likelihood of burnout & overwhelm & potentially less stress leave/ time off due to perceived workload
- ✚ Increased accountability & awareness across the team if an entire team does it
- ✚ This also promotes better teamwork & productivity
- ✚ Positive impact on the client service & the bottom line as additional time is freed up for higher value projects, creativity and innovation
- ✚ Increased collaboration and overall improved team dynamics as individuals feel in better control and in a more positive position to contribute beyond daily task management

*"I have learnt so much from this course and feel so much more organised. The two facilitators were interesting and engaging, and I feel like I can breathe." Participant, Housing NSW*

**"Develop People. Boost Performance. Fuel Productivity." Through...**

**COACHING TRAINING FACILITATION MEDIATION PSYCHOMETRIC ASSESSMENTS 360° ASSESSMENTS**

© Southern Cross Enterprises/Southern Cross Coaching & Development Pty Ltd

Tel: (02) 7901 5618 | Email: [getresults@southerncrosscoaching.com.au](mailto:getresults@southerncrosscoaching.com.au) | Website: [www.southerncrosscoaching.com.au](http://www.southerncrosscoaching.com.au)



## Who can benefit?

This is for you & your team if you and/or your staff:

- ✚ Feel stressed and overwhelmed by your workload & to-do list?
- ✚ Would like to learn how to get your inbox to ZERO unread emails?
- ✚ Would like to gain an hour back per day?
- ✚ Work long hours? Or wondering where your day goes & what you did?
- ✚ Miss deadlines, or are often doing things last minute?
- ✚ Are frustrated at the lack of productivity?
- ✚ Are feeling like emails always seem to take over? Hard to make time for you & your family?
- ✚ Feel constantly reactive, hard to find time for important projects & proactive work?

*“Liked the easy to use guide, simplicity, able to grasp contents and hands on training” Participant, Housing NSW*

This - and indeed every program - is tailored to the individual needs of every client and can include integration of internal workflow & customer relationship management software & systems, etc e.g. TRIM .

Every course also involves participants producing their own personal Action Plan through use of our P.I.G. – our Personal Improvement Grid.

**Please contact us direct for details and more information:**

**Email: [getresults@southerncrosscoaching.com.au](mailto:getresults@southerncrosscoaching.com.au) or call 02 7901 5618.**